

THE WINDY MILE

CAFE - EATERY - BAR

Served from 3pm to 5.30pm

STARTERS

DAILY HOUSE DIPS

House made trio of dips, 6 slices
toasted rustic Italian bread

MAC & CHEESE CROQUETTES

Parmesan & sage crumbed macaroni,
chipotle aioli

CRISPY SCHOOL PRAWNS

Crispy fried Clarence River school prawns
with lemon chilli salt & white balsamic aioli

COMPRESSED MELON

Compressed melon, Danish feta, basil,
cucumber, red onion, balsamic glaze

SOUTHERN FRIED WINGS

5 Memphis style fried chicken wings,
house made BBQ sauce

CRUMBED EGGPLANT CHIPS

Crumbed eggplant chips, mustard pickled
yoghurt

DILL & FENNEL CRUMBED FISH FINGERS

Dill & fennel crumbed fish fingers,
tartare sauce, lemon cheek

MAINS

PLOUGHMAN'S LUNCH

Bread, farmhouse cheddar, leg ham off the
bone, tomato, celery baton, boiled egg,
apple, tomato chutney, piccalilli

Add extra cheese from our cheese platter selection

CHEESE BURGER & FAT FRIES

200gm beef patty, double cheese, pickles,
fat fries, tomato sauce

BEEF BURGER & FAT FRIES

200gm beef patty, bacon, fried egg, tasty
cheese, cos lettuce, dill cucumber, tomato
mustard sauce, fat fries, tomato sauce

CHICKEN BURGER & FAT FRIES

Chicken breast, cos lettuce, cheese,
tomato, sriracha (mild chilli) mayo,
fat fries, tomato sauce

VEGGIE BURGER & FAT FRIES

Portobello mushroom, roasted tomato,
cheese, cos lettuce, beetroot & horseradish
relish, fat fries, tomato sauce

PLATTERS

SALUMI MISTA

Cured meatboard serves 2

Prosciutto, sopressa, bresaola, pancetta,
marinated olives, crostini & grissini
cornichons

Add cheese from our cheese platter selection

BUILD A CHEESE PLATTER

Lavosh, fruit bread, grapes, quince paste

Triple cream

Semi hard

Blue

Cheddar

14   

10  

15  

13   

13 

9  

12 

25   

20 

24 

23 

23 

25   

14   

5 50gm
5 50gm
5 50gm
5 50gm

SALADS

Add chargrilled chicken to any salads 4

ROASTED PUMPKIN

Roasted pumpkin, chickpeas, baby spinach,
candied walnuts, feta, mustard dressing

DUCK & CARROT

Confit duck, carrot, rocket, hazelnuts, mint,
cranberries, white onion, pomegranate
molasses & cumin dressing

SUPER GRAIN

Quinoa, farro, freekeh green wheat,
rocket, avocado, orange sumac dressing

SIDES

LARGE FAT FRIES

Garlic aioli & tomato sauce

SMALL FAT FRIES

Tomato sauce

DESSERT

ROFE'S PRALINE SEMIFREDDO

Rofe's praline semifreddo finished with
orange caviar & blueberry consommé

STRAWBERRIES & CREAM

Vanilla bean panna cotta, strawberry
compote

BITTERSWEET CHOCOLATE TART

Chocolate tart with bittersweet chocolate
mousse, mascarpone cream, espresso
ice cream, caramelised ginger

PISTACCHIO CREME BRULEE

Pistacchio creme brulee, honey & lavender
ice cream

HOUSE MADE SORBETS

Trio of house made sorbets

KIDS MEALS

Under 12 only & not available in bar

Includes Soft drink, coke, diet coke, lemonade or raspberry

PENNE PASTA - BEEF

Beef ragout

PENNE PASTA - PUMPKIN

Roasted pumpkin sauce

BATTERED FISH

Battered garfish, lemon cheek, green salad
or fat fries & tomato sauce

CHICKEN STRIPS

Crumbed chicken breast strips,
green salad or fat fries & tomato sauce

MINI BEEF & CHEESE BURGERS


2 mini cheese burgers, green salad or
fat fries & tomato sauce

FROG IN A POND


Jelly cup & chocolate frog

ICE CREAM & TOPPING

1 scoop of icecream and topping

 Can be made as, or is, vegetarian




 Gluten free


 Can change to gluten free \$2

10% surcharge on public holidays

 Sauvignon blanc  Chardonnay  Riesling  Sparkling  Sauvignon blanc / Chardonnay  Rose  Most whites - Personal taste

 Cabernet blends  Shiraz / Shiraz blends  Pinot Noir / Merlot  Most reds - Personal taste

 Lighter flavour beers - Ales / Lager / Ginger / Cider  Mid flavour beers - Pale ale / Bitter / Amber / Wheat  Heavier flavour beers - Brown ale / Porter / Stout

 Most beers - Personal taste